



SENECA CENTER

PRESENTS...

**Fostering Resilience in Trauma-Impacted Youth and Families:
The Attachment, Self-Regulation, and Competency (ARC) Treatment Framework**
13 BBS CEUs & 13 GHA CEUs Pending

ARC Developed by: Kristine Kinniburgh, LICSW & Margaret Blaustein, Ph.D.

The Attachment, Self-Regulation, and Competency (ARC) framework is a core-components treatment model. It is developed to provide a guiding framework for thoughtful, clinical intervention with intricately traumatized youth and their respective care giving systems. Drawing from the fields of trauma, attachment, and child development this framework recognizes the importance of working with the child-in-context. Thus, the framework acknowledges the role that historical experiences and adaptive responses play in current presentation.

The importance of intervening with the primary caregivers and/or treatment systems to support and facilitate the child's healthy growth and development is dually recognized. The framework identifies 10 key "building blocks" which includes key skills/goals within each domain, developmental and cultural considerations, and potential applications across settings.

Training Objectives

Attitudes:

- Participants will have a better understanding of the role of early trauma experiences in their clients' presentations.
- Participants will feel more confident in their ability to address complex trauma adaptations.
- Participants will feel greater empathy toward caregivers of traumatized children.

Skills:

- Participants will build a repertoire of skills for addressing relational safety for caregivers and children who have experienced trauma.
- Participants will build a repertoire of skills for building self-regulation in traumatized children.
- Participants will build a repertoire of skills for building developmental competencies.

Knowledge:

- Participants will understand the theoretical foundation and rationale for the ARC framework.
- Participants will be able to describe three priority domains in which to intervene with youth and families exposed to complex trauma.
- Participants will be able to identify specific targets of intervention within three identified domains.
- Participants will be able to describe developmental differences in intervention strategies.

Presented by: Joshua Arvidson, MSS, LCSW



Joshua Arvidson, LCSW is the founder and Director of the Alaska Child Trauma Center and Anchorage Community Mental Health Services, a center that specializes in serving children who have experienced complex trauma. Joshua is also the Director of the Alaska Trauma Training Initiative and teaches courses on childhood trauma for the University of Alaska. Joshua is a senior ARC trainer and consultant, and has a long-term collaboration with TC-JRI on application of trauma-informed services in a range of provider settings. Joshua currently directs the Pacific Northwest / Alaska regional hub of the TC-JRI led Complex Trauma Treatment Network through the NCTSN.

Dates:

Thursday, June 23, 2011; 9:00 am – 5:00 pm

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Friday, June 24, 2011; 9:00 am – 4:00 pm

(This is a 2-day series; you must attend BOTH days to receive BBS & GHA CEUs.)

Location:

**Seneca Center Oakland/Berkeley Education & Training Center
6925 Chabot Road
Oakland, CA 94618**

(Please see last page for directions)

Registration Information:

To register, please visit our website at www.senecacenter.org or call us at (510) 654-4004 ext. 2244.

The registration fee is **\$150.00**. This includes 13 BBS CEUs & 13 GHA CEUs (pending), a continental breakfast and refreshments on both training days. *(Seneca Center employee fees are covered by Seneca Center)*

Methods of Payment:

- Mail check payable to 'Seneca Center Training Institute' (6925 Chabot Road, Oakland, CA 94618)
or
- Pay by credit card or PayPal account on the main registration webpage at www.senecacenter.org

All fees are due one week prior to the training.

Please ensure that your check reaches us before that time or you will be removed from the roster.

CEUs: This course has been approved for **13 BBS CEU** hours for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. Provided by Seneca Center, Provider #1346. Due to our contract with the Board of Behavioral Sciences and Community Care Licensing, we will be unable to provide attendees with certificates of completion if more than 15 minutes of course content are missed. This course is pending approval for **13 GHA CEU** hours for Seneca Center (Vendor Approval Number 1000516-730-2) by CDSS, Administrator Certification Section. Please Note: Due to our contract with Community Care Licensing, we will be unable to provide attendees with certificates of completion if more than 15 minutes of course content are missed.

Parking/Shuttle Information:

Please note that due to limited parking it is highly advisable that you make arrangements to carpool with fellow attendees or utilize public transportation. There will be a Seneca Center shuttle available on both training days; transporting attendees from the Rockridge BART station to the training event. Please wait for the shuttle on the Shafter Avenue side of the BART Station. The shuttle will pick up attendees at: 8:30 am and 8:45 am.

For driving directions, please see the next page.

If you need assistance with directions, please call: (510) 654-4004 ext. 2244 or (510) 427-4048.

Seneca Center Oakland/Berkeley Education & Training Center
6925 Chabot Road, Oakland, CA 94618
(510) 654-4004 ext. 2244

Coming from Walnut Creek direction:

From Hwy 24 W:

- Exit College Ave. (.3 mile)
- Turn Right onto Presley Ave. (.1 mile)
- Turn Right onto Chabot Road (.4 mile)
- The Education and Training Center will be on your left. You will go up a hill and turn right onto the property.

Coming from San Francisco/Oakland direction:

From Hwy 24 E:

- Exit Broadway and stay straight to go onto Keith Ave. Keith Ave becomes Broadway (.5 mile)
- Turn Right onto Golden Gate Way (less than .1 mile)
- Make Sharp Right onto Golden Gate Ave. (.1 mile)
- The Education and Training Center is on the corner of Chabot Road and Golden Gate Ave. You will go up a hill and turn right onto the property.

Coming from Castro Valley/Dublin/Pleasanton:

- Take 580 W
- Take CA 13 North/Warren Freeway
- Merge onto Hwy 24 W
- Exit College Ave. (.3 mile)
- Turn Right onto Presley Ave. (.1 mile)
- Turn Right onto Chabot Road (.4 mile)
- The Education and Training Center will be on your left. You will go up a hill and turn right onto the property.

Coming from Richmond/San Rafael:

- Take 580 E
- Merge onto Hwy 24 E
- Exit Broadway and stay straight to go onto Keith Ave. Keith Ave becomes Broadway (.5 mile)
- Turn Right onto Golden Gate Way (less than .1 mile)
- Make Sharp Right onto Golden Gate Ave. (.1 mile)
- The Education and Training Center is on the corner of Chabot Road and Golden Gate Ave. You will go up a hill and turn right onto the property.

